

AUTUMN 2026



NEWSLETTER

Flu and COVID-19 Vaccinations

As we approach the winter months, we are encouraging eligible patients to get their flu and COVID-19 vaccinations to help protect themselves and those around them.

Who is eligible?

Flu vaccination:

- People aged 65 and over
- Pregnant women
- People aged 18–64 with certain long-term health conditions
- People living in care homes
- Carers and eligible frontline health and social care workers
- Eligible children

COVID-19 vaccination:

- People aged 75 and over
- Residents of older adult care homes
- People aged 6 months and over with a weakened immune system

If you're eligible, you can book your vaccinations now using the booking link sent to you by text message or via the NHS App.

Annual Carers Event – Tuesday 20th October 2026

We're teaming up with the Crick Old School Welcoming Hub to host a special event for local carers.

Tuesday 20th October 2026

3:00 – 4:00 pm

📍 **The Old School, 5 Church Street, Crick, NN6 7TP** (*opposite the church*)

If you look after a family member, friend or neighbour, come along for a relaxed hour of friendly company and support.

You'll have the chance to:

- Enjoy a drink and a chat
 - Meet other carers
- Share experiences and connect with others
- Find out about helpful advice and support

Whether you're a full-time carer or simply help someone you care about, you're very welcome.

Every carer deserves a cuppa and a chat.

We hope to see you there!



New Minor Surgery Service at the Practice

We are delighted to announce that we will soon be offering a minor surgery service here at the practice, giving our patients access to a range of procedures closer to home.

The service will be led by Dr Marchant, who successfully completed additional training in minor surgery this summer and is now able to provide a range of procedures within the practice.

Patients who are currently on Dr Marchant's minor surgery waiting list will be contacted directly over the coming weeks with further information.

We are pleased to be expanding the range of services available to our patients and look forward to offering this convenient new service within the practice.

Think pharmacy first for minor illnesses this winter!

For many minor illnesses and common health concerns, your local pharmacist can offer advice, recommend suitable treatments and let you know if you need further medical attention.

You do not always need to see a GP. Visiting your local pharmacy first can often provide quick, convenient advice and help you get the right treatment.

If your pharmacist thinks you need further assessment, they can advise you on the next appropriate step.

Bowel Cancer Screening – Don't Ignore Your Invitation

Bowel cancer is one of the most common types of cancer but finding it early can make a big difference.

If you are invited to take part in the NHS bowel cancer screening programme, please take the time to complete your screening test. The test is simple and can be done in the privacy of your own home.

Screening is offered to eligible people based on age. Even if you feel completely well, it is important to take part when invited, as screening can detect changes before symptoms develop.

If you notice changes such as blood in your poo, a persistent change in bowel habits, unexplained weight loss, or ongoing abdominal discomfort, don't wait for your screening invitation — contact your GP practice for advice.



Loaned Blood Pressure Machines – Please Return Them

If you have been loaned a blood pressure machine by the practice, please remember to return it to us once you have finished using it.

These machines are a shared resource and need to be available for other patients who may need to monitor their blood pressure at home.

Please return your blood pressure machine to the practice as soon as you no longer need it.

Thank you for helping us make sure these machines can be reused and loaned to another patient when needed.

CRICK MEDICAL PRACTICE

Caring for the community

Ordering your Repeat Prescriptions

Order your repeat prescriptions via the NHS App.

Please allow 5 working days to collect your prescriptions.

Protected Learning Time (PLT) Dates

Please be aware that the surgery will be closing on one Wednesday afternoon of each month for mandatory staff training. This opportunity enables us to keep up to date with the latest topics and enhance staff knowledge.

We will be closed from 12.30pm-6.30pm.
During this time if you need to see a doctor urgently you can call 111.

Dates for 2026 are:

7th October

11th November

Please note that these dates are subject to change.



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Surgery Opening Hours

Monday

8.00 am – 8.00pm

(6.30pm – 8.00pm for booked appointments only)

Tuesday

8.00 am - 6.30pm

Wednesday

8.00am – 8.00pm

(6.30pm – 8.00pm for booked appointments only)

Thursday

8.00 am - 6.30pm

Friday

8.00 am - 6.30pm

We are closed on Saturday, Sundays and all Bank Holidays

**IF THE SURGERY IS CLOSED AND YOU NEED MEDICATION OR TO SEE A DCOTOR URGENTLY
PLEASE CONTACT NHS 111 OR A COMMUNITY PHARMACY.**



Armed Forces Veteran
friendly accredited
GP practice



NIHR | National Institute
for Health Research